

## HANDBALL WORK – 3º TERM - 1ºESO

**TÍTULO:** Physical Education. Basketball

- **Due date: June 6 th**
- Written by hand in a folder. Don't copy the texts literally.
- Minimum 6 pages, insert pictures or drawings in the descriptions.

### **OUTLINE**

1. Introduction. Brief historical description about Handball.
2. Describe the basic techniques used in Handball (With pictures and descriptions).
3. Look for the handball rules and write them with your own words.
4. What classes have we done in PE to practice this sport? Explain 4 of them describing the objective of each class, the warm up, the exercises in the main part of the classes, the material needed and something you have learnt in that class.
6. Personal reflexion about the work.
7. Bibliography and webgraphy.